



## JCA Gorlitz Kensington Clubs October Calendar of Activities 2022

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**KC@WOSC = White Oak Senior Ctr.**

**KCP = KC@Parklawn**

**KC@Home = Virtual/Hybrid**

**KC@Parklawn T, W, Th 9-1pm & T/Th 1:30-5:30pm**  
 12320 Parklawn Dr  
 Rockville, MD 20852  
 301-255-4204

**KC@White Oak Senior Center**  
**Wednesdays 9:30-1:30pm**  
 1700 April Ln. Silver Spring, MD 20904  
 301-255-4221

**KC @Home (virtual program)**  
**Monday through Friday**




*A beautiful Sukkah will be put up on the JCA Kensington Club terrace around October 6th and remain up until October 20th. We are looking forward to eating, socializing and reminiscing in the Sukkah this holiday season.*

JCA Gornitz Kensington Clubs **Calendar of Activities October 2022** [This week at KC@White Oak Senior Center and KC@Parklawn](#)  
 Welcome/Coffee/Tea/Move & Groove to Broadway Melodies; Famous October Birthdays; Remembering Groucho; National Mental Awareness Month

**KC@WOSC = White Oak Senior Ctr.**


**KC@Parklawn**

**KC@Home Virtual/Hybrid**

3 Monday	4 Tuesday	5 Wednesday	6 Thursday	7 Friday
	<p><b><u>KC@Parklawn Morning Mavens</u></b>  <b><u>9 to 1:00 pm</u></b>            10:00 Creative Movement and Dance with Clancyworks (Devon)</p> <p><b><u>KC Afternoons</u></b></p> <p><b>Closed in Observance of Yom Kippur Eve</b></p>	<p><b>Closed in Observance of Yom Kippur</b></p> 	<p><b><u>KC@Parklawn Morning Mavens</u></b>  <b><u>9 to 1:00 pm</u></b></p> <p><b><u>KC Afternoons</u></b>  <b><u>1:30-5:30pm</u></b>            1:30 Seated Yoga with Kathy</p> <p>2:30 Philosophy Club: Rosa Luxemburg with Brian</p>	<p><b>Pre-recorded KC On-Screen YouTube Video Release Today at 11:00</b></p>
	<p><b><u>KC@Home</u></b>            11:15 <b>HYBRID:</b> Let's Talk Yiddish with Susan</p>		<p><b><u>KC@Home</u></b>            11:00 <b>HYBRID:</b> Arts For The Aging: Creative Movement with Deb</p> <p>4:30 <b>HYBRID:</b> Birdwatchers' Society: The Wood Stork</p>	

JCA Gornitz Kensington Clubs **Calendar of Activities October 2022** [This week at KC@White Oak Senior Center and KC@Parklawn](#)  
 Welcome/Coffee/Tea/Stretch it out to Jazz;; BINGO;Indigenous People’s Day;What is Sukkot?;”My Day” Eleanor Roosevelt;Sing-Along to Old Favorites;Creative Art Project

<b>KC@WOSC = White Oak Senior Ctr.</b>	<b>KC@Parklawn</b>	<b>KC@Home Virtual/Hybrid Programs</b>
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	10 Monday	11 Tuesday	12 Wednesday	13 Thursday	14 Friday
	<p><b>Closed in Observance of Sukkot - 1st Day</b></p>	<p><b>Closed in Observance of Sukkot - 2nd Day</b></p> 	<div style="border: 1px solid black; padding: 5px;"> <p><b><u>KCP Morning Mavens</u></b>  <b>11:00-3:00 p.m.</b>            Make up day for holiday closure on 10/11. All members are welcome to attend!            12:30 Lunch in the Sukkah (Kosher Subs Provided)</p> </div> <div style="border: 1px solid black; background-color: #e0f2f1; padding: 5px; margin-top: 5px;"> <p><b><u>KC@WOSC</u></b>  <b>09:30-01:30 pm</b>            12:00 Kosher Subs for Sukkot            1:00 Seated Yoga with Kathy</p> </div>	<p><b><u>KC@Parklawn Morning Mavens</u></b>  <b>9 to 1:00 pm</b>            10:00 Nature Talk with Sarah</p> <p>11:30 Intergenerational Pizza in the Hut</p> <p><b><u>KC Afternoons</u></b>  <b>1:30-5:30pm</b>            2:00 Arts For The Aging: Creative Movement with Deb            5:00 Supper in the Sukkah (Kosher Subs will be Provided)</p>	
			<p><b>KC@Home</b>            11:15 <b>HYBRID:</b> Sing Along with Sharon</p>	<p><b>KC@Home</b>            4:00 <b>HYBRID:</b> Storytelling with Sheldon</p>	

JCA Gorlitz Kensington Clubs **Calendar of Activities October 2022** [This week at KC@White Oak Senior Center and KC@Parklawn](#)  
**Welcome/Coffee/Tea/Mind Benders**; Toning & Relaxation; Art Project; BINGO, Good News of the Day; Timeslips:Creative Writing; Jeopardy;  
 Noah Webster:dictionary changes;Free Rice Computer Game;Tips to take Care of Your Mental Health

**KC@WOSC = White Oak Senior Ctr.**

**KC@Parklawn**

**KC@Home Virtual/Hybrid Program**

	17 Monday	18 Tuesday	19 Wednesday	20 Thursday	21 Friday
	<p style="text-align: center;"><b>Closed in Observance of Shemini Atzeret</b></p>	<p style="text-align: center;"><b>Closed in Observance of Simchat Torah</b></p>	<p style="text-align: center;"><b><u>KCP Morning Mavens</u> 11:00-3:00 p.m.</b>                      Make up day for holiday closure on 10/18. All members are welcome to attend!                      Stretch in the Sukkah</p>	<p><b><u>KC@Parklawn Morning Mavens</u> 9 to 1:00 pm</b>                      10:00 Creative Movement and Dance with Clancyworks (Devon)                      12:30 Lunch in the Sukkah  <b><u>KC Afternoons</u> 1:30-5:30pm</b>                      2:30 Nature Talk with Joe                      3:30 Afternoon Sukkah Activity                      5:00 Seated Yoga with Kathy  <b><i>Happy Birthday Dana!</i></b></p>	<p><b>KC@Home Loaves of Love Challah Delivery today!</b></p> <p style="text-align: center;">2:00 Shabbat Shalom with Susan &amp; Ellis </p>
			<p><b><u>KC@Home</u> 11:15 <b>HYBRID</b>: Music Therapy with Tara</b></p>	<p><b><u>KC@Home</u> 11:00 <b>HYBRID</b>: Write in the Moment Poetry with Dana</b></p>	

JCA Gortitz Kensington Clubs **Calendar of Activities October 2022** [This week at KC@White Oak Senior Center and KC@Parklawn](#)  
 Welcome/Coffee/Tea/Conversation, Seated Fitness to Big Band Sounds; Categories Game, Artist Spotlight: Pablo Picasso; Halloween Tradition; Charades

<b>KC@WOSC = White Oak Senior Ctr.</b>	<b>KC@Parklawn</b>	<b>KC@Home Virtual and Hybrid</b>
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	24 Monday	25 Tuesday	26 Wednesday	27 Thursday	28 Friday
		<p><b><u>KC@Parklawn Morning Mavens</u></b>  <b>9 to 1:00 pm</b>            10:00 Inspire Creativity with Diana</p> <p><b><u>KC Afternoons</u></b>  <b>1:30-5:30pm</b>            4:00 Creative Movement and Dance with Clancyworks (Maggie)</p>	<p><b><u>KCP Morning Mavens</u></b></p> <p><b>**Accepting New Members**</b></p> <div style="border: 1px solid black; background-color: #e0f2f1; padding: 5px;"> <p><b><u>KC@WOSC</u></b>  <b>09:30-01:30 pm</b>            10:30 Seated Yoga with Kathy</p> </div>	<p><b><u>KC@Parklawn Morning Mavens</u></b>  <b>9 to 1:00 pm</b></p> <p><b><u>KC Afternoons</u></b>  <b>1:30-5:30pm</b>            2:00 Creative Movement and Dance with Clancyworks (Devon)</p> <p>4:00 Inspire Creativity with Diana</p>	
		<p><b><u>KC@Home</u></b>            11:00 <b>HYBRID:</b> Nature Talk w/ Croydon Creek:            2:00 <b>HYBRID:</b> Jewish Art Education: The Art of the Sukkot</p>	<p><b><u>KC@Home</u></b>            4:00 Fall Prevention Exercise &amp; Health Tips</p>	<p><b><u>KC@Home</u></b>            11:00 <b>HYBRID:</b> Seated Yoga with Regine</p>	