

## **Interages® Project SHARE**

**(Students Help And Reach Elders)**  
**Volunteer Position**

**Overview:** Project SHARE enriches the lives of health-impaired seniors in nursing homes, assisted living and adult day care facilities by linking them with children, preschool through 12<sup>th</sup> grade, in a number of interactive ways. SHARE provides on-going activities that purposefully bring together different generations to share experiences that are mutually beneficial.

**Duties:** Volunteers assist the Program Coordinator implementing programs that take place in the senior living communities (see partners below). Each program runs for one hour and involves a variety of activities, including: gentle movement exercises, interactive games, art projects, story telling, poetry reading, conversations and play.

**Audience:** Health-impaired seniors in nursing homes, assisted living and adult day care centers participate in our programs. Some of the adults have memory impairment. Some are in wheel chairs. Others may have physical limitations common with aging.

Most of the programs involve children from public or private schools and range from pre-school age to high school. Currently, a youth center with an after-school program participates.

**Time Commitment:** One hour per week or every other week or as desired.

**Qualities Sought:** Volunteers who enjoy working with children (K-12) and older adults. If you have a background in the following areas, you may have special interest in volunteering with SHARE: theatre, art, storytelling, poetry, gardening, play

### **Project SHARE Sites:**

**Asbury Methodist Village**, 201 Russell Ave., Gaithersburg 20877, 1 Wed/mo. 3:45-4:45PM

**Collingswood Nursing Home**, 299 Hurley Ave., Rockville, 20850 Fridays 11:00AM – 12:00PM

**Sunrise Senior Living**, 8 Baltimore Rd. Rockville, 20850, Tuesdays, 10:30 – 11:30AM