

ALZHEIMER'S \(\subseteq \text{ ASSOCIATION}^\circ SUMMER 2023 VIRTUAL PROGRAMS

Tuesday, June 13 | 11 a.m. - Noon EFFECTIVE COMMUNICATION STRATEGIES

Does communicating with your loved one frustrate you? Is there a better way to reach a person with neuro-cognitive difficulties? This program will give you real-life tools you can use as you navigate the difficulties of being a care partner.

Tuesday, July 11 | 11 a.m. - Noon RESPONDING TO DEMENTIA-RELATED BEHAVIORS

Behavior is a powerful form of communication and is one of the primary ways people living with dementia communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common triggers, and learn strategies to help manage some of the most common behavioral challenges of Alzheimer's disease.

Tuesday, August 8 | 11 a.m. - Noon DEMENTIA CONVERSATIONS: DOCTOR'S VISITS, DRIVING, LEGAL AND FINANCIAL

This program provides tips for breaking the ice with your family so you can address some of the most common issues that are difficult to discuss: going to the doctor for a diagnosis or medical treatment, deciding when to stop driving, and making legal and financial plans for future care

Join the meeting by clicking <u>here</u> or scan the QR code with your phone camera.



MICHAEL BRICK

Michael Brick has always been and always will be an educator. He believes deeply in the transformative power of education and has dedicated his life to infusing education into all of his work.

This caregiver program series co-sponsored by the Alzheimer's Association and JCA will consist of a presentation followed by participant sharing. At the conclusion of the series, an ongoing caregiver support group will be offered to the participants. We look forward to learning and sharing with you.

For more information contact Colleen Kemp ckemp@accessjca.org, 301-255-4203



