

**Kensington Club @ Margaret
Schweinhaut Senior Center**

**Location: Schweinhaut Senior Center
Daisy Room
1000 Forest Glen Road
Silver Spring, Maryland 20901
Phone: 202-735-3464**

**Headquarters: 12320 Parklawn Dr
Rockville, MD 20852
Office: 301-255-4204**

**January 2019
Activities Calendar**

**Karen L. Miller, CTRS, Manager
Louise Schneider, Monday Activity Leader**



	Monday	Monday	Monday	Monday
<p>January Holidays: New Year's Day Martin Luther King, Jr. Day</p>	<p>7</p> <p>10:00 Coffee & Crossword</p> <p>11:00 Seated Stretch</p> <p>11:30 New Year Traditions and Resolutions</p> <p>1:00 Music Therapy w/Yvonne</p>	<p>14</p> <p>10:00 Java, Jogger & Tribute to Martin Luther King, Jr.</p> <p>11:00 Poetry with Dana</p> <p>1:00 Art Therapy w/Annie</p>	<p>21</p> <p>Closed for Martin Luther King, Jr. Day</p> <p>(Please schedule a make up day with me at our Parklawn location)</p>	<p>28</p> <p>10:00 Coffee & Brain Jogger</p> <p>11:00 Live Music with Harper</p> <p>1:00 Clancyworks: Seated Dance</p>
				

