

Kensington Club@Parklawn

Activities Calendar




Ann L. Bronfman Center Jewish Council for the Aging
12320 Parklawn Drive
Rockville, MD 20850
Office: 301-255-4204

January 2019

Director: Colleen Kemp, CTRS
Activity Leaders:
Louise Schneider
Lily Groh
Ellis Schlossenberg
Diana Caisse
Gail Goldfarb

Tine Nasution,
Betty St John Program
Receptionists
Aurora Arcega, Program Aide





Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 Kensington Club is CLOSED For New Year's Day</p> <p>On this day, in 1892, Ellis Island opened its stations. Let's remember the 20 million immigrants who passed through their doors.</p>	<p>2 10:00 Coffee & Word Fun 11:00 New Year's Day Traditions and Resolutions 11:45 Stretch & Bend 1:00 Discussion: Louis Braille's Invention</p>	<p>3 10:00 Coffee, Current Events 11:00 Winter Acrostic Poetry 12:45 Sittercise 1:15 <u>Sing Along with Jerry "Piano Man" Roman</u></p>	<p>4 Happy Birthday Aurora! 10:00 Coffee & Mind Trivia: 11:00 <u>Spirit Club Exercise With Abel</u> 1:00 Paint Poured Polar Aurora with Diana</p>
<p>7 10:00 Java and Word Games 11:00 <u>People, Animals, Love (PAL) Dog Visits</u> 1:00 Swing & Sway with the King of Rock & Roll-Celebrate Elvis' Birthday today!</p> 	<p>8 10:00 Coffee & Brain Fun 10:30 Drawing: Winter Still-Life 11:30 Tone-up & Relaxation w/ Louise 1:00 Photo Stories and Creative Writing</p>	<p>9 10:00 Coffee & Mind Trivia: 11:00 Preventative Health Discussion: What's best to keep you healthy in the cold winter months? 1:00 Celebrate First Radio Broadcast! Review The Famous Bio of Marconi</p>	<p>10 Happy Birthday George! 10:00 Coffee & This Month In Sports History 11:00 Free Rice Game and Words-from-a-Word 1:00 JEOPARDY! </p>	<p>11 10:00 Coffee & Trivia 11:00 <u>Spirit Club Exercise With Abel</u> 1:00 The Bio and Music of Franz Schubert DON'T FORGET THE 6TH ANNUAL JCA KC ART SHOW OPENING ON SUNDAY, JANUARY 13 FROM 2-4PM!</p>
<p>14 10:00 Coffee & Mental Floss 11:00 Mini Book Club w/ Louise: <i>Australia & the Outback</i> 1:00 CHARADES & <i>Who Am I?</i> Game</p>	<p>15 10:00 Coffee & This Day In History: Honoring Dr. King With Photos and Readings 11:00 <u>Music Therapy With Diane</u> 1:00 BINGO</p>	<p>16 10:00 Coffee & This Day In History 11:00 <u>The Martha Doyle Trio</u> 1:00 Presentation: Discuss The Discovery of Insulin and Other Medical Breakthroughs 2:30 - 4pm JCC Memory Cafe</p>	<p>17 10:00 Coffee & News 11:00 <u>Cultural Arts With Lisa</u> 1:00 Famous Bio Review: Ben Franklin- Inventor, Statesman, Philosopher</p>	<p>18 National Hat Day! Wear Your Favorite Hat to KC 10:00 Coffee & Crossword 11:00 <u>Spirit Club Exercise With Abel</u> 1:00 Group Game: Sort It Out</p>

Kensington Club@Parklawn
Activities Calendar
Transportation
 Use for any changes to the schedule.
 301-468-1740

JANUARY 2019 

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 Ann L. Bronfman Center Jewish Council
 for the Aging 12320 Parklawn Drive
 Rockville, MD 20850



Monday	Tuesday	Wednesday	Thursday	Friday
<p>21 Kensington Club is CLOSED In Observance of Dr. Martin Luther King Jr. Day</p> 	<p>22 National Pie Day 10:00 Coffee, Words-from-A-Word & This Day In History 11:00 Timeslips Creative Writing Workshop 1:00 Clancyworks Dance Workshop</p>	<p>23 10:00 Coffee, Crossword & Current Events 10:30 Free Rice Challenge Online Game 11:30: Seated Qigong 1:00 1960's SING-A-LONG</p> 	<p>24 10:00 Coffee, Memory Jogger & This Day in History 11:00 One of the Most Handsome Faces of the Silver Screen...Let's Celebrate Cary Grant's Achievements 1:00 Happy Birthday Amadeus Mozart: Famous Bio and Stretch/Relax to His Music!</p>	<p>25 10:00 Coffee & Brain Fitness 11:00 Spirit Club Exercise With Abel 1:00 Famous History Bio: FDR in Photos and Words</p>
<p>28 10:00 Coffee & Word Fun 11:00 Clancyworks Dance Workshop 1:00 You Pick: Spa Day or Sports Talk</p>	<p>29 10:00 Coffee & Current Events 11:00 Art Appreciation: Who Was Jackson Pollock? 11:30: Exercise with Balls & Weights 1:00 Poetry Workshop with Dana Tate</p>	<p>30 10:00 Java & Mental Floss 10:30 Virtual Travel: The Great Unknown...Space and Beyond 11:30: Midweek Pick-Up (loosen up those muscles with exercise)! 1:00 Charades & Improv</p>	<p>31 10:00 Coffee, Word Challenge & Current Events 11:00 Stretch It Out 11:30 You Be The Judge 1:00 Art Therapy With Annie</p>	<p>“And now let us welcome the New Year full of things that have never been.” -Rainer Maria Rilke</p> 