

**The Kensington  
Club@Parklawn  
Jewish Council for the Aging**

**January 2019 Members'  
Lunch Menu**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1 Kensington Club CLOSED For New Year's Day</b>	<b>2 KOSHER Baked Ziti w/ Cheese Green Beans Fruit Cup</b>	<b>3 KOSHER Crispy Fish Sandwich Mixed Vegetables Applesauce</b>	<b>4 Italian Cheese Pizza Garden Salad</b>
<b>7 Grilled Cheese Sandwiches Tomato Vegetable Soup Fruit Cup</b>	<b>8 KOSHER Tuna Fish Sandwiches on Seedless Rye Bread Potato Salad</b>	<b>9 Italian Cheese Pizza Garden Salad</b>	<b>10 Quesadillas Mixed Vegetables Applesauce</b>	<b>11 KOSHER Salami Sandwiches on Seedless Rye Coleslaw Potato Chips</b>

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**Deliver to:  
12320 Parklawn Dr.  
Rockville, MD. 20852**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>14 KOSHER</b> <b>Egg Salad on Rye bread</b> <b>Lettuce, Tomatoes</b> <b>Coleslaw, Pickles</b>	<b>15 Quesadillas</b> <b>Mixed Vegetables</b> <b>Applesauce</b>	<b>16 KOSHER</b> <b>Turkey Sandwiches on</b> <b>Seedless Rye</b> <b>Coleslaw</b> <b>Potato Chips</b>	<b>17 KOSHER</b> <b>Veggie Burgers &amp; Hot Dogs</b> <b>Baked Beans</b> <b>Chips, Fruit Cup</b>	<b>18</b> <b>Tuna or Turkey Subs</b> <b>Garden Salad</b> <b>Potato Chips</b>
<b>21 K.C. CLOSED for</b> <b>Martin Luther King Jr.</b> <b>Holiday</b>	<b>22 KOSHER</b> <b>Crispy Fish Sandwich</b> <b>Mixed Vegetables</b> <b>Applesauce</b>	<b>23 Tuna or Turkey Subs</b> <b>Garden Salad</b> <b>Potato Chips</b>	<b>24 KOSHER</b> <b>Egg Salad on Rye bread</b> <b>Lettuce, Tomatoes</b> <b>Coleslaw, Pickles</b>	<b>25</b> <b>Fried Chicken Tenders</b> <b>Caesar Salad</b> <b>Garlic Toasts</b>
<b>28 KOSHER</b> <b>Turkey on Rye Bread</b> <b>Coleslaw</b> <b>Potato Chips</b>	<b>29 KOSHER</b> <b>Vegetarian Chili w/Pasta</b> <b>Wheat Crackers</b> <b>Applesauce</b>	<b>30 KOSHER</b> <b>Salad Nicoise w/Tuna</b> <b>Challah Rolls</b>	<b>31</b> <b>Italian Cheese Pizza</b> <b>Garden Salad</b>	