



JCA Gortitz Kensington Clubs January Calendar of Activities 2023

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**KC@WOSC = White
Oak Senior Ctr.**

KCP = KC@Parklawn

**KC@Home =
Virtual/Hybrid**

**KC@Parklawn T, W, Th 9-1pm &
T/Th 1:30-5:30pm**
12320 Parklawn Dr
Rockville, MD 20852
301-255-4204

**KC@White Oak Senior Center
Wednesdays 9:30-1:30pm**
1700 April Ln. Silver Spring, MD
20904
301-255-4221


**KC @Home (virtual program)
Monday through Friday**

**Happy New
Year from
all the
Kensington
Club Staff!**



JCA Gortitz Kensington Clubs **Calendar of Activities January 2023** [This week at KC@White Oak Senior Center and KC@Parklawn:](#)
 Welcome/Coffee/Tea/Move & Groove to Broadway Melodies - Famous January Birthdays - New Year's Traditions - Spotlight:Louis Braille - Categories -
 JINGO - Advice For Best Winter Health

KC@WOSC = White Oak Senior Ctr.	KC@Parklawn	KC@Home Virtual/Hybrid
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2 MONDAY	3 TUESDAY	4 WEDNESDAY	5 THURSDAY	6 FRIDAY
<p><i>Government Observance of the New Year Holiday</i></p> <p>JCA Kensington Club Closed in Observance of New Year's Day</p> 	<p><u>KC@Parklawn</u> <u>Morning Mavens</u> <u>9 to 1:00 pm</u></p> <p><u>KC Afternoons</u> <u>1:30-5:30pm</u> 2:30 Inspire Creativity with Diana</p>	<div style="border: 1px solid black; background-color: #fff9c4; padding: 5px; margin-bottom: 5px;"> <p><u>KCP Morning Mavens</u> <u>11:00-3:00 p.m.</u> **Accepting New Members**</p> </div> <div style="border: 1px solid black; background-color: #e0f2f1; padding: 5px;"> <p><u>KC@WOSC</u> <u>09:30-01:30 pm</u> 10:00 Creative Movement and Dance Clancyworks (Adrienne)</p> </div>	<p><u>KC@Parklawn</u> <u>Morning Mavens</u> <u>9 to 1:00 pm</u> 10:00 Creative Movement & Dance with Clancyworks (Adrienne)</p> <p><u>KC Afternoons</u> <u>1:30-5:30pm</u> 2:30 Philosophy Club: Edith Stein with Brian</p> <p>5:00 Seated Yoga with Kathy</p>	<p><u>Pre-recorded KC</u> <u>On-Screen YouTube</u> <u>Video Release Today at</u> <u>11:00</u></p>
	<p><u>KC@Home</u> 11:00 HYBRID: New Year's Stretch & Resolutions</p>	<p><u>KC@Home</u> 11:00 HYBRID: Sing Along with Sharon</p>	<p><u>KC@Home</u> 11:00 HYBRID: Famous January Birthdays</p>	


JCA Gorlitz Kensington Clubs **Calendar of Activities January 2023** [This week at KC@White Oak Senior Center and KC@Parklawn:](#)
 Welcome/Coffee/Tea/Stretch it out to Jazz - BINGO - Sing-A-Long - Creative Art Project - Happy Birthday Elvis - Dear Abby - Winter Poetry
 Review - Charades - Inventors Spotlight: Benjamin Franklin

KC@WOSC = White Oak Senior Ctr.	KC@Parklawn	KC@Home Virtual/Hybrid Programs
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8 SUNDAY	9 MONDAY	10 TUESDAY	11 WEDNESDAY	12 THURSDAY	13 FRIDAY
7:00 - Caregiver Otago Orientation on KC Zoom Link		<u>KC@Parklawn Morning Mavens 9 to 1:00 pm</u> 11:00 Music Therapy with Diane <u>KC Afternoons 1:30-5:30pm</u> 2:00 Creative Movement & Dance with Clancyworks (Adrienne) <i>Happy Birthday Sally!!</i>	<u>KCP Morning Mavens 11:00-3:00 p.m.</u> **Accepting New Members**	<u>KC@Parklawn Morning Mavens 9 to 1:00 pm</u> 11:00 Inspire Creativity with Diana <u>KC Afternoons 1:30-5:30pm</u> 2:30 Where in the World is Tom Conger?	
	<u>KC@Home</u>	<u>KC@Home</u> 4:00 HYBRID: Creative Writing: Winter Poetry	<u>KC@Home</u>	<u>KC@Home</u> 4:00 HYBRID Martin Luther King, Jr. with Joyce	


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 Welcome/Coffee/Tea/Mind Benders - Toning & Relaxation - Art Project - Timeslips:Creative Writing - Jeopardy - Celebrate Chinese New Year of the Rabbit - Discussion: Martin Luther King, Jr.

KC@WOSC = White Oak Senior Ctr. **KC@Parklawn** **KC@Home Virtual/Hybrid Program**

	16 MONDAY	17 TUESDAY	18 WEDNESDAY	19 THURSDAY	20 FRIDAY
	<p><i>JCA Kensington Club Closed in Observance of Martin Luther King, Jr. Day.</i></p>	<p><u>KC@Parklawn Morning Mavens</u> 9 to 1:00 pm 11:00 Cultural Arts: Winter Music & Art with Lisa</p> <p><u>KC Afternoons</u> 1:30-5:30pm 4:00 Creative Movement & Dance with Clancyworks (Maggie)</p>	<p><u>KCP Morning Mavens</u> 9 to 1:00 p.m. **Accepting New Members**</p> <p><u>KC@WOSC</u> 09:30-01:30 pm 11:00 Arts For The Aging: Wonderful World of Song with Wendy 1:30 Gentle Movement and Breathing with Kathy</p> <p><i>Happy Birthday Karen!!</i></p>	<p><u>KC@Parklawn Morning Mavens</u> 9 to 1:00 pm 10:00 Jewish Dose of Happiness with The Golden Network</p> <p>11:00 Musical Sing Along with the Martha Doyle Trio</p> <p><u>KC Afternoons</u> 1:30-5:30pm 4:30 Art Therapy with Annie</p> <p><i>Happy Birthday Susan!!</i></p>	<p>Loaves of Love Challah Delivery today!</p> <p>2:00 Shabbat Shalom with Susan & Ellis</p> <p></p>
		<p><u>KC@Home</u> 10:00 HYBRID: Seated Exercise</p>		<p><u>KC@Home</u> 2:30 HYBRID: Chinese New Year Celebration: The Year of the Rabbit</p>	

JCA Gorlitz Kensington Clubs **Calendar of Activities January 2023** [This week at KC@White Oak Senior Center and KC@Parklawn:](#)
 Welcome/Coffee/Tea/Conversation - Seated Fitness to Classical Music - George & Gracie - Radio Skits - Categories Game - Composer
 Spotlight: Wolfgang Amadeus Mozart - Create Acrostic Poetry -

KC@WOSC = White Oak Senior Ctr. **KC@Parklawn** **KC@Home Virtual and Hybrid**

22 SUNDAY	23 MONDAY	24 TUESDAY	25 WEDNESDAY	26 THURSDAY	27 FRIDAY
<p>11:00-12:00 and 2:00-3:00</p> <p>8th Annual Gorlitz Kensington Club Art Show</p> 		<p>KC@Parklawn Morning Mavens 9 to 1:00 pm 10:00 Creative Movement and Dance with Clancyworks (Adrienne) 12:00 Culture Club: African Traditions with Emmanuel KC Afternoons 1:30-5:30pm</p>	<p>KCP Morning Mavens **Accepting New Members**</p> <p>KC@WOSC 09:30-01:30 pm 10:00 Creative Movement and Dance with Clancyworks</p>	<p>KC@Parklawn Morning Mavens 9 to 1:00 pm 10:00 Arts For The Aging: coOPERAtion with Peter and Carlos</p> <p>KC Afternoons 1:30-5:30pm 2:00 Arts For The Aging: coOPERAtion with Peter and Carlos 5:00 Gentle Movement & Breathing with Kathy Happy Birthday Lesley!!</p>	
	<p>KC@Home</p>	<p>KC@Home 11:00 HYBRID: Storytelling w/Sheldon: The Honeymooners 2:30 HYBRID: Afternoon Stretch</p>	<p>KC@Home</p>	<p>KC@Home 11:30 HYBRID: Creative Movement and Dance with Clancyworks (Erin)</p>	

JCA Gortitz Kensington Clubs **Calendar of Activities January 2023** [This week at KC@White Oak Senior Center and KC@Parklawn:](#)
 Welcome/Coffee/Tea/Conversation - Seated Fitness to the Blues - Sort It Out Game - Artist Spotlight: Jackson Pollock - Remember Old
 Hollywood Heartthrobs

KC@WOSC = White Oak Senior Ctr.

KC@Parklawn

KC@Home Virtual and Hybrid

	30 MONDAY	31 TUESDAY			
		<u>KC@Parklawn</u> <u>Morning Mavens</u> 9 to 1:00 pm 10:00 Creative Movement and Dance with Clancyworks (Adrienne) <u>KC Afternoons</u> 1:30-5:30pm			
		<u>KC@Home</u> 2:30 HYBRID: Nature Talk: Tracks & Signs; Findling Evidence of Life in Winter with Croydon Creek			