



**The Kensington Club@Parklawn**  
**Jewish Council for the Aging**

**July 2019 Lunch Menu**


**Headquarters:**  
**12320 Parklawn Drive**  
**Rockville, Maryland 20874**  
**Phone: 301-255-4204**



*\*menu subject to change based on availability*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1 KOSHER</b> <b>Salami Sandwiches on Rye</b> <b>Coleslaw, Pickles</b> <b>Chips</b>	<b>2 Pizza Italiano</b> <b>Garden Salad</b>	<b>3 INDEPENDENCE DAY</b> <b>BBQ</b> <b>All American BBQ Picnic</b> <b>Veggie Burgers on Rolls</b> <b>with the fixings</b> <b>Baked Beans</b> <b>Potato Chips</b> <b>Applesauce</b>	<b>4 K.C. CLOSED for</b> <b>INDEPENDENCE DAY</b> 	<b>5 Grilled Cheese Sandwiches</b> <b>Tomato Veggie Soup</b> <b>Fruit Cup</b>
<b>8 Pizza Italiano</b> <b>Garden Salad</b> 	<b>9 Turkey Subs</b> <b>Garden Vegetable Soup</b> <b>Potato Chips</b>	<b>10 KOSHER</b> <b>EGG SALAD on Rye Bread</b> <b>with the Fixings</b> <b>CHIPS, Pickles</b>	<b>11 Cheese Ravioli</b> <b>Mixed Vegetables</b> <b>Applesauce</b>	<b>12 KOSHER</b> <b>Tuna Sandwich on Rye</b> <b>Coleslaw</b> <b>Chips</b>

**July 2019 Lunch Menu  
for KC Members**  
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availability*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>15 **Bastille Day Lunch**</b> <b>CREPES a la Americain</b> <b>Sausage Links--vegetarian</b> <b>Orangina</b> <b>French dessert</b>	<b>16 KOSHER</b> <b>Salad Nicoise</b> <b>Challah Rolls</b> <b>Applesauce</b>	<b>17 Natl. Hot Dog Day</b> <b>KOSHER</b> <b>Hot Dogs on Buns</b> <b>Coleslaw, Chips</b> <b>Baked Beans</b>	<b>18 Crispy Fish Sandwiches</b> <b>Tomato Veggie Soup</b> <b>Fruit Cup</b>	<b>19</b> <b>Pizza Italiano</b> <b>Garden Salad</b>
<b>22 KOSHER</b> <b>Baked Ziti w/ Red Sauce</b> <b>Green Beans</b>	<b>23</b> <b>Pasta Italiano</b> <b>Mixed Veggies</b> <b>Fruit Cup</b>	<b>24 Pizza Italiano</b> <b>Garden Salad</b>	<b>25 Turkey Subs</b> <b>Garden Vegetable Soup</b> <b>Potato Chips</b> 	<b>26 KOSHER</b> <b>Salami Sandwich on Rye</b> <b>Potato Salad</b> <b>Fruit Cup</b>
<b>29 Chicken Fingers</b> <b>Potato Wedges</b> <b>Garden Salad &amp; Fruit</b>	<b>30 KOSHER</b> <b>Crispy Fish Sandwiches</b> <b>Mixed Vegetables</b> <b>Fruit Cup</b>	<b>31 Tuna Subs</b> <b>Chicken Vegetable Soup</b> <b>Chips</b>		<p align="center"><b>Summer</b>  <b>Longer days, short nights.</b>  <b>Picnics, beach, swimming,</b>  <b>and sun.</b>  <b>Relax and unwind.</b></p> <p align="right">--Albert Moyer, Jr.</p>

