

The Samuel Gorlitz **JCA**
Kensington Club
Afternoons

Wednesdays 3pm - 7pm
 Until September 25, 2019

September 2019
Activities Calendar



Colleen M. Kemp, CTRS
 Susan Harris, Activity Leader
 Betty St. John, Receptionist
 Emmanuel Cobbinah, Program
 Aide



Jewish Council for the Aging

12320 Parklawn Dr
Rockville, MD 20852
Office: 301-255-4204

Wednesday September 4

3:00 Categories and Coffee
4:00 Seated Exercise and
4:30 Discuss September Famous Bio: American singer-songwriter, **Ray Charles**
5:00 Supper
6:00 Sing Your Heart Out with The Martha Doyle Trio



Supper Menu

Kosher Salami Sandwiches
Potato Salad, Cole Slaw
Pickles, Fruit

Wednesday September 11

3:00 Yiddish Word Play with Susan
4:00 Seated Zumba Gold & A Close Look at The Star Spangled Banner writer, Francis Scott Key, and Our National Anthem
5:00 Supper
6:00 Art Class: "Seashore" Paint Night, Jazz, and Bubbly

Supper Menu

Crispy Fish Filet on Bun
Buttered Corn
Fruit Cup

Wednesday, September 18

3:00 Coffee & Trivia
4:00 Seated Exercise & A Play Reading: "The Moral of the Story" with Emmanuel
5:00 Supper
6:00 Cultural Arts Presentation With Lisa Trachtman

Supper Menu

Kosher Macaroni and Cheese
Tomato Basil Soup
Applesauce

Wednesday, September 25

Last 2019 KC Afternoons Session
Happy Birthday Johnny Appleseed!
3:15 Gentle Seated Yoga with Lisa Sheehy
5:00 Supper@The Parkway Deli
6:30 Apple Facts & Trivia



Supper Menu

Parkway Deli Trip!

Did you know: "The Margherita Pizza"

Invented in June 1889 by the Neapolitan pizza maker Raffaele Esposito in honor of Queen Margherita of Savoy, the color combination of its ingredients is not accidental: the red tomato, white mozzarella and green basil, represent the Italian flag!

