



## JCA Gorlitz Kensington Clubs Calendar of Activities

December 2023

JCA Headquarters 12320 Parklawn, Dr. Rockville, MD 20852

Director: Colleen Kemp, CTRS 301-255-4204 ckemp@accessjca.com

month/year

**THIS WEEK: End of Year Volunteer Appreciation Drop-In Breakfast 9:30-11am -  
KC On-Screen Pre-Recorded Video**

Monday	Tuesday	Wednesday	Thursday	Friday
Club Location: Mondays and Thursday Mornings 9:30-1:30	Club Location: Tuesdays and Thursdays 9-1 OR 1:30-5:30	Club Location: Wednesdays 9:30-1:30		1 National Rosa Parks Day and World AIDS Day
KC @Germantown Community Ctr. 18905 Kingsview Rd. Germantown, MD 20874  Cost: Free to Montgomery County Residents, 60 & better, who meet the criteria. Manager: Karen Miller  karen.miller@ accessjca.org  301-255-4221	KC @Parklawn 12320 Parklawn Rd. Rockville, MD 20852  Cost: \$105 per day for those who meet the criteria. Director: Colleen Kemp 301-255-4204  ckemp@ accessjca.org  301-255-4204	KC @White Oak Senior Ctr. 1700 April Ln. Silver Spring, MD 20904  Cost: \$107 per day for those who meet the criteria. Manager: Karen Miller  karen.miller@ accessjca.org  301-255-4221		KC On-Screen Pre-Recorded YouTube Video link will released by 11:00 via email: "Welcome Winter"



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**THIS WEEK:** Welcome/Coffee/Tea/Water/Snack - Famous December Birthdays Slide Show: Who am I? - Exercise to the Tunes of Little Richard & Lou Rawls - Let's Talk about Hanukkah Discuss: How America Changed After Pearl Harbour - Winter Art: Northern Lights Pastel - We Shall Overcome: The Brave Activist, Rosa Parks - Latkes & Donuts on 12/7 p.m. only

Monday	Tuesday	Wednesday	Thursday	Friday
4	5 Happy Birthday Little Richard	6	7 Hanukkah Begins First Candle	8 Hanukkah Second Candle
<p>KC@ Germantown Community Center 9:30 -1:30</p> <p>11:00 Arts For The Aging: Quicksilver Dancing Duos</p>	<p>KC@Parklawn Morning Mavens 9:00 - 1:00</p> <p>9:45 Pet Visits with P. A. L.</p> <p>11:00 - 1:00 Lunch Outing to Sardi's Pollo A La Brasa in Gaithersburg. THANK YOU, Lynn &amp; David</p> <p>KC@Parklawn Afternoons 1:30 - 5:30</p> <p>2:00 Art with Cecilia</p> <p>3:30 Pet Visits with P.A.L.</p>	<p>KC@White Oak Senior Center 9:30 - 1:30</p> <p>10:15 Tai Chi with Kirk</p> <p>11:00 Arts For The Aging: Under the Same Winter Stars with Peter and Carlos</p> <p>1:00 Seated Yoga with Kathy</p>	<p>KC@Parklawn Morning Mavens 9:00 - 1:00 1:00 Arts For The Aging with Lauren and Nancy</p> <p>----- KC@Parklawn Afternoons 1:30 - 5:30</p> <p>2:30 Clancyworks: Creative Movement and Dance with Adrienne</p> <p>3:30 Art with Abbey *****</p> <p>KC@ Germantown Comm. Center 9:30-1:30</p> <p>11:00 Music Therapy with Yvonne</p>	



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**THIS WEEK:** Welcome/Coffee/Tea/Water/Hanukkah fare for lunch (jelly donuts and latkes) - Exercise to the Tunes of Frank & Sammy - KC's Winter Mitzvah Project All Week Long - Lifetime Learning: The Audubon's Society December Bird: The Red-Tailed Hawk - Let's Journey to See the Northern Lights (aurora borealis) - How to Stay Healthy This Winter - Do You Have A Little Good News? - Paul Klee Inspired Art Project - Latkes & Donuts on Monday, Tuesday and Wednesday this week!

Monday	Tuesday	Wednesday	Thursday	Friday
11 Hanukkah Fifth Candle	12 Hanukkah Sixth Candle	13 Hanukkah Seventh Candle	14 Hanukkah Eighth Candle	15
<p>KC@ Germantown Comm. Center 9:30 - 1:30</p> <p>11:00 Clancyworks: Creative Movement and Dance with Devon</p> <p>12:30 Art Therapy with Annie</p>	<p>KC@Parklawn Morning Mavens 9:00 - 1:00</p> <p>10:00 Intergenerational Hanukkah Program with the Milton Gottesman Jewish Day School</p> <p>----- KC@Parklawn Afternoons 1:30 - 5:30</p> <p>2:00 Art with Cecilia</p> <p>4:00 Clancyworks: Creative Movement and Dance with Maggie</p>	<p>KC@White Oak Senior Center 9:30 - 1:30</p> <p>11:00 Virtual Travel: Winter Celebrations with Joyce</p> <p>12:45 Clancyworks: Creative Movement and Dance with Adrienne</p>	<p>KC@Parklawn Morning Mavens 9:00 - 1:00</p> <p>Happy Birthday Julia!!</p> <p>Latkes Provided by Toby Zlotnicki</p> <p>11:00 Arts For The Aging with Nancy and Lauren</p> <p>----- Parklawn Afternoons 1:30 - 5:30 5:00 Seated Yoga with Kathy</p> <p>*****</p> <p>KC@ Germantown Comm. Center 9:30-1:30</p> <p>12:45 Seated Yoga with Debi</p>	<p>Loaves of Love Challah Delivery today! 10-1pm</p> <p>For more information, email: ckemp@access jca.org</p>



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**THIS WEEK: Welcome/Coffee/Tea/Water/Snack - December Artist: Paul Klee - Welcome Winter Solstice - Christmas Tea - Exercise to Classic Winter Holiday Hits - Wellness Topic: Building Resiliency and Decreasing Stress - Get Ready for Winter: 4 Snow Poems - Five Things You May Not Know About Kwanzaa - Puzzles with Friends and a Little Moonlight Sonata (Beethoven born December 16, 1770)**

Monday	Tuesday	Wednesday	Thursday	Friday
18 Paul Klee's Birthday	19	20	21 Winter Solstice	22
KC@ Germantown Comm. Center 9:30 - 1:30  11:15 Music Therapy with Anna  12:30 Clancyworks: Creative Movement and Dance with Devon	KC@Parklawn Morning Mavens 9:00 - 1:00  10:00 Art Therapy with Annie  11:15 Seated Yoga with Debi ----- KC@Parklawn Afternoons 1:30 - 5:30  3:30 Terrific Tunes with Sheldon: Tony Curtis & His Amazing World	KC@White Oak Senior Center 9:30 - 1:30  10:00 Music Therapy with Meghan  11:00 Art Therapy with Annie  1:00 Seated Yoga with Kathy  ***** KC@Parklawn Make Up Day 10:00-2:00  Drop off at the JCC (6125 Montrose Road, Rockville, MD 20852) Pick up at JCA.	Parklawn Morning Mavens 9:00 - 1:00  11:00 Clancyworks with Adrienne  12:00 Croydon Creek Hybrid Nature Program: What Animals Do In The Winter ----- KC@Parklawn Afternoons 1:30 - 5:30 2:30 Clancyworks with Adrienne ***** KC @Germantown Comm. Center 9:30-1:30  12:00 Croydon Creek Hybrid Nature Program:	



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Monday	Tuesday	Wednesday	Thursday	Friday
25	26	27	28	29
CLOSED FOR WINTER BREAK  Merry Christmas!  Feliz Navidad!  Joyeux Noel!  Frohe Weihnachten!	CLOSED FOR WINTER BREAK	CLOSED FOR WINTER BREAK	CLOSED FOR WINTER BREAK	CLOSED FOR WINTER BREAK  KC will reopen on Tuesday, January 2, 2024  Happy New Year. See you in 2024!  Mark your Calendar for the 9th KC Art Show Reception on Sunday, January 7th 2:00-3:30pm