



JCA Keshher Café Calendar of Activities | March 2026 | Wednesdays 10-2pm

Theme: *Spring into Action!*

	3/4/26	3/11/26	3/18/26 Wear Green Today	3/25/26
10:00- 10:30	Check-in & Question of the Day Brain Jogger <i>National Pound Cake Day</i>	Check-in & Question of the Day Brain Jogger <i>National Johnny Appleseed Day</i>	Check-in & Question of the Day Brain Jogger <i>National Sloppy Joe Day</i>	Check-in & Question of the Day Brain Jogger <i>National Medal of Honor Day</i>
10:30- 11:00	Our Wellness Journey with Kathy (10:30-11:15)	Virtual Travel- with Joyce Warming up in Buenos Aires & Santiago (10:30-11:30)	Art Therapy with Annie Holscher, ATR-BC, LCPAT (10:30-11:15)	Music Therapy with Meghan Roche, LPMT, MT-BC (10:30-11:15)
11:00 -11:30				Rescheduled Trip to Pinstripes! Lunch provided and <i>Happy Birthday, Joyce! (31st)</i>
11:30-12:00	<i>“Out to Lunch” and Celebrating Spring with a “Sunflower Bakery” trip for Food, Fun, & Friendship!</i>	Hanging with Dr Clancy “Music & Music” (11:30 -12:15)	ClancyWorks Movement with Devon (11:30 -12:15)	
12:00-1:00	<i>“Catching up with Colette”</i>	SOUL Lunch “Sharing our Unique Life” with special guest – Colleen Kemp BYO Lunch	BYO Lunch Food, Fun, & Friendship and a Birthday Celebration: Happy Birthday Stephen (19th), Lori (20th) and Surya (21th)	
1:00-1:45	Celebrating Women’s History Month	Prepping Patio Plants for Spring	Celebrating St. Patrick’s Day with fun and games and wearing of the green!	
1:45-2:00	Quote of the Day	Quote of the Day	Quote of the Day	Quote of the Day

Director: Colleen Kemp, ckemp@accessjca.org

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Substitute Activity Leader: Judy Gordon

Volunteers: Louise Schneider, Lori Garnher