



## JCA Gorlitz Kensington Clubs May Calendar of Activities 2022

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**KC@WOSC = White  
Oak Senior Ctr.**

**KCP = KC@Parklawn**

**KC@Home =  
Virtual/Hybrid**

**KC@Parklawn T, W, Th 9-1pm &  
Th 1:30-5:30pm**  
12320 Parklawn Dr  
Rockville, MD 20852  
301-255-4204

***REOPENED!***

**KC@White Oak Senior Center**  
**Wednesdays 9:30-1:30pm**  
1700 April Ln. Silver Spring, MD  
20904  
301-255-4221


**KC @Home (virtual program)**  
**Sunday to Friday**

**Welcome  
to May!**



**JCA Gorlitz Kensington Clubs May Calendar of Activities 2022** [This week at KC@White Oak Senior Center and KC@Parklawn](#) Welcome/Coffee/Tea/Mind Benders, Sittercize to Classical music, Israeli Independence Day May 4, celebrate Cinco de Mayo (May5), Wellness Topic: Skin Cancer Awareness Month, write poetry and reminisce about Mothers Day


KC@WOSC = White Oak Senior Ctr.	KC@Parklawn	KC@Home Virtual/Hybrid
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1 Sunday	2 Monday	3 Tuesday	4 Wednesday	5 Thursday	6 Friday
<p><b>Happy Birthday Carol!</b>  <b>KC@Home</b>  <b>3:00 Sunday Social</b>  <b>KC Birdwatchers' Society</b> with Colin, Caitlin and Karen  <b>Chickens!</b></p> 	<p><b>KC@WOSC</b>  <b>9:30 - 1:30pm</b>            Closed. Currently accepting new members.</p>	<p><b>9 to 1:00 pm KCP KC@Parklawn Morning Mavens</b>  <b>9 to 1:00 pm</b></p> <p><b>KCP KC Afternoons</b>  <b>1:30-5:30pm</b>            Closed. Currently accepting new members.</p>	<p><b>KCP Morning Mavens</b>  <b>9 to 1:00 pm</b></p> <p><b>KC@WOSC</b>  <b>09:30-01:30 pm</b>  <b>Happy Birthday Gail!</b>            11:00 Creative Movement &amp; Dance with Clancyworks</p>	<p><b>KC@Parklawn Morning Mavens</b>  <b>9 to 1:00 pm</b>            12:00 Seated Yoga with Kathy</p> <p><b>KC Afternoons</b>  <b>1:30-5:30pm</b>            2:00 Creative Dance and Movement with Clancyworks  <b>Israel's Independence Day!</b></p>	<p><b>KC@Home</b>            11:00 Sing Along with Sharon</p>
	<p><b>KC@Home</b>            4:00 Welcome May: Famous Birthdays and Holidays</p>	<p><b>KC@Home</b>            11:00 <b>HYBRID:</b> Let's Stretch</p>	<p><b>KC@Home</b>            4:30 Let's Celebrate Israel's Independence Day; Virtual Travel: Israel &amp; More</p>	<p><b>KC@Home</b>            10:45 <b>HYBRID:</b> Philosophy Club: Hannah Arendt</p>	

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This week at KC@White Oak Senior Center and KC@Parklawn Welcome/Coffee/Tea/Word Games, Stretch it out to BlueGrass Tunes, Artist Spotlight: Salvador Dali, Sun safety tips, May birthdays, Famous Stars of Hollywood Fred Astaire, Audrey Hepburn, Who Am I game, Harry Truman

KC@WOSC = White Oak Senior Ctr.	KC@Parklawn	KC@Home Virtual/Hybrid Programs
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8 Sunday	9 Monday	10 Tuesday	11 Wednesday	12 Thursday	13 Friday
<p><b>KC@Home 3:00 Sunday Social</b></p> <p>No Kensington Club Zoom.</p>  <p>Happy Mothers Day</p>	<p><b><u>KC@WOSC</u></b>  <b><u>9:30 - 1:30pm</u></b>                      Closed. Currently accepting new members.</p>	<p><b><u>KC@Parklawn Morning Mavens</u></b>  <b><u>9 to 1:00 pm</u></b></p> <p><b><u>KC Afternoons</u></b>  <b><u>1:30-5:30pm</u></b>                      Closed. Currently accepting new members.</p>	<div style="border: 1px solid black; padding: 5px;"> <p><b><u>KCP Morning Mavens</u></b>  <b><u>9 to 1:00 pm</u></b>                      11:00 Creative Dance &amp; Movement with Clancyworks</p> </div> <div style="border: 1px solid black; padding: 5px; background-color: #e0f2f1;"> <p><b><u>KC@WOSC</u></b>  <b><u>09:30-01:30 pm</u></b>                      10:30 Seated Yoga with Kathy</p> </div>	<p><b><u>KC@Parklawn Morning Mavens</u></b>  <b><u>9 to 1:00 pm</u></b>                      11:00 Arts For The Aging: I've Gotta Be Me: Portrait Fans</p> <p><b><u>KC Afternoons</u></b>  <b><u>1:30-5:30pm</u></b>                      2:00 Arts For The Aging: I've Gotta Be Me: Portrait Fans</p>	<p><b>KC@Home Loaves of Love Challah Delivery today!</b></p> <p>2:00 Shabbat Shalom with Susan &amp; Ellis</p>
	<p><b>KC@Home</b>                      11:00 Seated Yoga with Regine</p> <p>4:00 Intergenerational Art Therapy</p>	<p><b>KC@Home</b>                      11:30 <b>HYBRID:</b> Music Therapy with Diane</p>	<p><b>KC@Home</b>                      4:00 Trivia &amp; Movement</p>	<p><b>KC@Home</b>                      12:30-1:00 Meet &amp; Eat Cafe with KC Staff</p>	

JCA Gorlitz Kensington Clubs **May Calendar of Activities 2022** [This week at KC@White Oak Senior Center and KC@Parklawn](#) Welcome/Coffee/Tea/Mind Bender, Toning to 50s & 60s favs, Birth of Red Cross, Clara Barton, Creative Writing: Timeslips, JINGO, Sing-A-Long to songs by Irving Berlin, Charades

KC@WOSC = White Oak Senior Ctr.	KC@Parklawn	KC@Home Virtual/Hybrid Program
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15 Sunday	16 Monday	17 Tuesday	18 Wednesday	19 Thursday	20 Friday
<p><b>KC@Home 3:00 Sunday Social</b> 3:00 Sing Along with Sharon</p>	<p><b>KC@WOSC 9:30 - 1:30pm</b> Closed. Currently accepting new members.</p>	<p><b>KC@Parklawn Morning Mavens 9 to 1:00 pm</b> 11:00 Creative Dance &amp; Movement with Clancyworks</p> <p><b>KC Afternoons 1:30-5:30pm</b> Closed. Currently accepting new members.</p>	<p><b>KCP Morning Mavens 9 to 1:00 pm</b> 11:00 Pet Visits with Tex</p> <p style="background-color: #c6e0b4;"><b>KC@WOSC 09:30-01:30 pm</b> 9:45 Music Therapy with Diane 11:00 Arts For The Aging: The Joy of Movement</p>	<p><b>KC@Parklawn Morning Mavens 9 to 1:00 pm</b></p> <p><b>KC Afternoons 1:30-5:30pm</b> 2:30 <i>Where in the World is Tom Conger?</i></p> <p>4:30 Seated Yoga with Kathy</p>	<p><b>KC@Home 11:00 Strength and Balance</b></p> <p><b>KC On-Screen YouTube Video #47 Released by 11:00 via email</b></p>
	<p><b>KC@Home 11:00 Time to Laugh, Sing &amp; Joke with Ellis &amp; Howard</b></p>	<p><b>KC@Home 11:00 Brain Warm-Ups</b></p>	<p><b>KC@Home 4:00 Arts for the Aging: Music &amp; Move with Wendy &amp; Sandy</b></p>	<p><b>KC@Home 11:30 HYBRID: Croydon Creek: Biomimicry: Using Nature as Inspiration</b></p>	

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[This week at KC@White Oak Senior Center and KC@Parklawn](#) Welcome/Coffee/Tea/Conversation, Seated Fitness to Big Band Sounds, Discussion Lindbergh's crossing the Atlantic, Artist Mary Cassatt, Virtual Travel across the Golden Gate Bridge, study the writing of Ralph Waldo Emerson, Categories, History of the Brooklyn Bridge

KC@WOSC = White Oak Senior Ctr.		KC@Parklawn		KC@Home Virtual and Hybrid	
<b>22 Sunday</b>	<b>23 Monday</b>	<b>24 Tuesday</b>	<b>25 Wednesday</b>	<b>26 Thursday</b>	<b>27 Friday</b> KC@Home
<b>KC@Home 3:00</b> <b>Sunday Social</b> 3:00 Creative Movement & Dance with Clancyworks	<b><u>KC@WOSC</u></b> <b><u>9:30 - 1:30pm</u></b> Closed. Currently accepting new members.	<b><u>KC@Parklawn</u></b> <b><u>Morning Mavens</u></b> <b><u>9 to 1:00 pm</u></b>  <b><u>KC Afternoons</u></b> <b><u>1:30-5:30pm</u></b> Closed. Currently accepting new members.	<div style="border: 1px solid black; padding: 5px;"> <b><u>KCP Morning Mavens</u></b>  <b><u>9:00 am to 1:00</u></b> </div> <div style="border: 1px solid black; padding: 5px;"> <b><u>KC@WOSC</u></b>  <b><u>09:30-01:30 pm</u></b>                      10:30 Seated Yoga with Kathy                 </div>	<b><u>KC@Parklawn</u></b> <b><u>Morning Mavens</u></b> <b><u>9 to 1:00 pm</u></b> 11:00 Art Therapy with Annie  <b><u>KC Afternoons</u></b> <b><u>1:30-5:30pm</u></b>	2:00 <i>Art Talk</i> with Black Rock Center for the Arts, Rula Jones
	<b><u>KC@Home</u></b> 4:00 Intergenerational Music Therapy	<b><u>KC@Home</u></b> 11:00 <b>HYBRID:</b> Sit & Stretch	<b><u>KC@Home</u></b> 4:00 Terrific Tunes with Sheldon	<b><u>KC@Home</u></b> 4:00 <b>HYBRID:</b> Seated Exercise	

**JCA Gorlitz Kensington Clubs May Calendar of Activities 2022**

This week at KC@White Oak Senior Center and KC@Parklawn Welcome/Coffee/Tea/Conversation, Sittercise, Memorial Day Trivia, Happy Birthday JFK, FreeRice-Computer Quiz Game,

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29 Sunday	30 Monday	31 Tuesday
<p><b>KC@Home 3:00</b>  <b>Sunday Social</b>                      3:00 Let's Talk                      Memorial Day</p>	<p><i>Happy Birthday Kathy!!</i>  <b>KC AND JCA OFFICES CLOSED FOR OBSERVANCE OF MEMORIAL</b></p> 	<p><b>KC@Parklawn Morning Mavens</b>  <b>9 to 1:00 pm</b></p> <p><b>KC Afternoons</b>  <b>1:30-5:30pm</b>                      Closed. Currently accepting new members.</p>
	<p><b>KC AND JCA OFFICES CLOSED FOR OBSERVANCE OF MEMORIAL</b></p>	<p><b>KC@Home</b>                      11:00 <b>HYBRID:</b>                      Reenactment with Candace: The Wife of Mark Twain;  <b>Olivia Clemens</b></p>