



# JCA Kensington Club LIVE and On-Screen



## Virtual Programming

September 2020

The JCA Gortitz Kensington Clubs  
 12320 Parklawn Dr. Rockville, MD 20852  
[ckemp@accessjca.org](mailto:ckemp@accessjca.org)


**KC LIVE Groups:** [JCA Zoom Room - click here](#)

OR you can enter the Meeting ID and Password:

Meeting ID: 777 162 3920 Password: 535850

**KC On Screen Videos will be released on September 8 and 22 after 11:00 on the JCA Website. See below for details.**

| Sunday  | Monday   | Tuesday  | Wednesday: Ex Day  | Thursday   | Friday   |
|---|--|--|--|--|--|
| <p><b>September is:</b><br/>           -Skin Care Awareness Month<br/>           -Intergenerational Month<br/>           -National Blueberry Popsicle Month<br/>           -National Honey Month<br/>           -National Piano <b>and</b> Potato Month<br/>           -National Whole Grains Month</p> | <p><b>'Life starts all over again when it gets crisp in the fall.'</b><br/><br/> <b>--F. Scott Fitzgerald</b></p>  | <p><b>1 11:00 Back-to-School Bingo with Diana</b><br/>           (Bingo card is in your Sept. packet)</p> <hr/> <p><b>6:00 Caregiver Coping:</b><br/> <b>"COVID19 Medicare Card Scams To Watch For"</b> presented by (SHIP) State Health Insurance Program.<br/>           Use KC Zoom</p> | <p><b>2 Happy 68th Birthday Jimmy Connors - Tennis Champ</b><br/> <b>11:00 "Bringing the Outside In" <i>Magnificent Bats</i> with Guest Speaker: Kerry Wixted, Education and Outreach Specialist Wildlife and Heritage Service Department of Natural Resources</b><br/><br/> <b>2:00 Seated Yoga with Regine</b></p> | <p><b>3 HAPPY BIRTHDAY ELLIS</b><br/><br/> <b>6:00 Happy Hour: BYOB, a piece of good news &amp; be prepared to talk about one of your hobbies!</b><br/>           (Read along materials &amp; word games are in your packet)</p> | <p><b>4 Please pull your packet materials for the day</b><br/> <b>11:00 Who Knew? Famous People of Maryland: Jim Henson with Louise &amp; Diana</b><br/><br/> <b>2:00 Art Share with Diana: Indigenous Australian Dot Art &amp; Discussion</b></p> |
| <p><b>6 Read a Book Day</b><br/><br/> <b>3:00 Let's Talk about Labor Day (materials are in the packet)</b></p>  | <p><b>7 Happy 160th Birthday Grandma Moses, American Painter</b><br/><br/>           CLOSED FOR LABOR DAY<br/><br/>           Grandma Moses didn't start painting until she was in her 70's. It's never to late to create!</p> | <p><b>8 <a href="#">KC On-Screen Video #20</a></b><br/> <b>Ready after 11:00</b><br/> <a href="https://accessjca.org/kensington-clubs/">https://accessjca.org/kensington-clubs/</a><br/> <b>(materials are in your packet)</b></p>   | <p><b>9</b><br/><br/> <b>11:00 Seated Stretch with Louise</b><br/><br/> <b>2:00 Armchair Travel &amp; Trivia</b></p>   | <p><b>10</b><br/> <b>11:00 Yiddish Learning with Susan</b><br/><br/> <b>2:00 Live Music with Martha &amp; Dennis Doyle</b></p>   | <p><b>11</b><br/> <b>11:00 Arts for the Aging: Poetry &amp; Discovery with Lauren</b><br/><br/> <b>2:00 Sing Along with Sharon &amp; Gail</b></p>  |

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|---|--|--|--|--|--|
| <p>13 Happy 169th Birthday Walter Reed, bacteriologist<br/> <b>3:00 BINGO with Gail &amp; Susan</b><br/>                     (Bingo card is in your Sept. packet)<br/> <b>Happy Grandparents Day!</b></p>  | <p>14<br/> <b>11:00 Trivia &amp; Word Fun</b><br/>                     (materials are in your packet)<br/> <b>2:00 French Club</b><br/>                     C'est L'automne!<br/>                     (complete your fall watercolor in advance)</p> | <p>15<br/> <b>11:00 Everything Baseball with Ellis and Howard</b><br/>                     (materials are in your packet)<br/> <b>2:00 Art Therapy with Annie</b></p>  | <p>16<br/> <b>11:00 Healthy Mind and Body with Lily and Karen-</b><br/> <i>Bring a healthy snack!</i><br/> <b>2:00 Seated Yoga with Regine</b></p> | <p>17 International Country Music Day!<br/> <b>6:00 Washington Caps Spotlight with Brian: Happy Birthday Alex Ovechkin!</b> (materials are in your packet)</p>   | <p>18<br/> <b>11:00 Get Together and Sing Along with Diane</b><br/> <br/>                     No 2:00 group today due to Erev of Rosh Hashanah</p>   |
| <p>20 L'shanah tovah!<br/> <br/>                     No Sunday Social Due to Rosh Hashanah Sept 18-20</p>   | <p>21 Brazil Independence Day<br/> <b>11:00 Sip &amp; Schmooze with Susan &amp; Louise: Let's Talk about Fall Traditions</b><br/> <i>Bring a healthy beverage!</i><br/> <br/> <b>2:00 Famous September Birthdays &amp; Word Fun</b></p>              | <p>22 <b>KC On-Screen Video #21</b><br/>                     Ready after 11:00<br/> <a href="https://accessjca.org/kensington-clubs/">https://accessjca.org/kensington-clubs/</a><br/>                     (materials are in your packet)<br/> <br/> <b>6:00 p.m. Caregiver Coping:</b><br/>                     Guest Speaker: Officer Laurie Reyes, MCPD Alzheimer's Outreach Program Special Operations Division, Use KC Zoom</p> | <p>23 FIRST DAY OF FALL<br/> <br/> <b>11:00 Sittercise with Louise</b><br/> <br/> <b>2:00 Farewell to Summer Intergenerational Concert</b></p>     | <p>24<br/> <b>11:00 Who Knew? Famous People of Maryland: Connie Chung &amp; Judith Resnick w/Louise &amp; Diana</b><br/>                     (materials are in your packet)</p>  | <p>25 HAPPY BIRTHDAY POLLY(9/25) AND DON G. ( 9/26)<br/> <br/> <b>11:00 Celebrate Johnny Appleseed</b><br/> <i>(Bring your packet paper &amp; favorite apple to snack on during the Zoom)*</i><br/> <br/> <b>2:00 Explore the Rich History of Rosh Hashanah and Yom Kippur with Susan &amp; Gail</b></p> |
| <p>27 NATIVE AMERICAN DAY<br/> <br/>                     No Sunday Social Due to Yom Kippur Sept 27-28</p>  | <p>28 CONFUCIUS BIRTHDAY<br/>                     CLOSED FOR YOM KIPPUR</p>  | <p>29 <b>11:00 Join Arts for the Aging: The Poetry of Tango with Peter and Alex</b></p>  | <p>30<br/> <b>11:00 Word Games</b><br/> <b>2:00 Sit &amp; Stretch</b></p>  | <p><i>Oh, the Lord is good to me,<br/>                     And so I thank the Lord,<br/>                     For giving me the things I need;<br/>                     The sun and the rain and the apple seed. The Lord is good to me,<br/>                     --Johnny Appleseed!</i></p> | <p><b>Happy October!</b></p>   |