The JCA Gorlitz Kensington Clubs
12320 Parklawn Dr. Rockville, MD 20852
ckemp@accessjca.org

**JCA Kensington Club LIVE and On-Screen**

**Virtual Programming**

**September 2020**

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<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday: Ex Day</th>
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| September is:  
- Skin Care Awareness Month  
- Intergenerational Month  
- National Blueberry Popsicle Month  
- National Honey Month  
- National Piano and Potato Month  
- National Whole Grains Month  | 11:00 Back-to-School Bingo with Diana  
(Bingo card is in your Sept. packet)  | 2 Happy 68th Birthday Jimmy Connors - Tennis Champ  
11:00 “Bringing the Outside In”  
Magnificent Bats with Guest Speaker: Kerry Wixted, Education and Outreach Specialist Wildlife and Heritage Service Department of Natural Resources  
2:00 Seated Yoga with Regine  | 3 HAPPY BIRTHDAY ELLIS  
6:00 Happy Hour: BYOB, a piece of good news & be prepared to talk about one of your hobbies!  
(Read along materials & word games are in your packet)  | 4 Please pull your packet materials for the day  
11:00 Who Knew? Famous People of Maryland: Jim Henson with Louise & Diana  
2:00 Art Share with Diana: Indigenous Australian Dot Art & Discussion  |
| 6 Read a Book Day  
3:00 Let’s Talk about Labor Day (materials are in the packet)  | 7 Happy 160th Birthday Grandma Moses, American Painter  
CLOSED FOR LABOR DAY  
Grandma Moses didn’t start painting until she was in her 70’s. It’s never too late to create!  | 8 KC On-Screen Video #20  
Ready after 11:00  
[https://accessjca.org/kensington-clubs/](https://accessjca.org/kensington-clubs/) (materials are in your packet)  | 9 11:00 Seated Stretch with Louise  
2:00 Armchair Travel & Trivia  | 10 11:00 Yiddish Learning with Susan  
2:00 Live Music with Martha & Dennis Doyle  | 11 11:00 Arts for the Aging: Poetry & Discovery with Lauren  
2:00 Sing Along with Sharon & Gail |
| **KC LIVE Groups:** JCA Zoom Room - click here  
OR you can enter the Meeting ID and Password:  
Meeting ID: 777 162 3920  
Password: 535850  | **KC On Screen Videos will be released on September 8 and 22 after 11:00 on the JCA Website. See below for details.** |
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<td>13 Happy 169th Birthday Walter Reed, bacteriologist</td>
<td>14 11:00 Trivia &amp; Word Fun (materials are in your packet)</td>
<td>15 11:00 Everything Baseball with Ellis and Howard (materials are in your packet)</td>
<td>16 11:00 Healthy Mind and Body with Lily and Karen- Bring a healthy snack!</td>
<td>17 International Country Music Day!</td>
<td>18 11:00 Get Together and Sing Along with Diane</td>
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<td>3:00 BINGO with Gail &amp; Susan (Bingo card is in your Sept. packet)</td>
<td>2:00 French Club C’est L’automne! (complete your fall watercolor in advance)</td>
<td>2:00 Art Therapy with Annie</td>
<td>6:00 Washington Caps Spotlight with Brian: Happy Birthday Alex Ovechkin! (materials are in your packet)</td>
<td>No 2:00 group today due to Erev of Rosh Hashanah</td>
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<td><strong>Happy Grandparents Day!</strong></td>
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| 20 L’shanah tovah!   | 21 Brazil Independence Day 11:00 Sip & Schmooze with Susan & Louise: Let’s Talk about Fall Traditions Bring a healthy beverage! | 22 KC On-Screen Video #21
Ready after 11:00 https://accessjca.org/kensington-clubs/ (materials are in your packet) | 23 FIRST DAY OF FALL 11:00 Sittercise with Louise 2:00 Farewell to Summer Intergenerational Concert | 24 11:00 Who Knew? Famous People of Maryland: Connie Chung & Judith Resnick w/Louise & Diana (materials are in your packet) | 25 HAPPY BIRTHDAY POLLY(9/25) AND DON G. (9/26) |
|                      | No Sunday Social Due to Rosh Hashanah Sept 18-20 | 6:00 p.m. Caregiver Coping: Guest Speaker: Officer Laurie Reyes, MCPD Alzheimer’s Outreach Program Special Operations Division, Use KC Zoom |                                                       | 11:00 Celebrate Johnny Appleseed (Bring your packet paper & favorite apple to snack on during the Zoom)* | 2:00 Explore the Rich History of Rosh Hashanah and Yom Kippur with Susan & Gail |
| 27 NATIVE AMERICAN DAY | 28 CONFUCIUS BIRTHDAY CLOSED FOR YOM KIPPUR | 29 11:00 Join Arts for the Aging: The Poetry of Tango with Peter and Alex | 30 11:00 Word Games 2:00 Sit & Stretch | Oh, the Lord is good to me, And so I thank the Lord, For giving me the things I need; The sun and the rain and the apple seed. The Lord is good to me, —Johnny Appleseed! | Happy October! |
|                      | No Sunday Social Due to Yom Kippur Sept 27-28 |                                                                                     |                                                       |                                                  |                      |

**Happy October!**