



The JCA Gorlitz Kensington Clubs  
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# JCA Kensington Club@Home



## Virtual Programming

September 2020 Something for everyone!

Stimulating programs Sunday through Friday

KC On Screen (pre-recorded) Videos will be released on  
 September 8 and 22 at 11:00.

Sunday	Monday	Tuesday	Wednesday: Ex Day	Thursday	Friday
<p><b>September is:</b>            -Skin Care Awareness Month            -Intergenerational Month            -National Blueberry Popsicle Month            -National Honey Month            -National Piano <u>and</u> Potato Month            -National Whole Grains Month</p>	<p><b>'Life starts all over again when it gets crisp in the fall.'</b>            --F. Scott Fitzgerald</p>	<p><b>1 11:00 Back-to-School Bingo with Diana</b>            (Bingo card is in your Sept. packet)</p> <hr/> <p><b>6:00 Caregiver Coping:</b>            "COVID19 Medicare Card Scams To Watch For" presented by (SHIP) State Health Insurance Program.            Use KC Zoom</p>	<p><b>2 Happy 68th Birthday Jimmy Connors - Tennis Champ</b>  <b>11:00 "Bringing the Outside In" <u>Magnificent Bats</u> with Guest Speaker: Kerry Wixted, Education and Outreach Specialist Wildlife and Heritage Service Department of Natural Resources</b>  <b>2:00 Seated Yoga with Regine</b></p>	<p><b>3 HAPPY BIRTHDAY ELLIS</b>  <b>6:00 Happy Hour: BYOB, a piece of good news &amp; be prepared to talk about one of your hobbies</b>            (Read along materials &amp; word games are in your packet)</p>	<p><b>4 Please pull your packet materials for the day.</b>  <b>11:00 Who Knew? Famous People of Maryland: Jim Henson with Louise &amp; Diana</b>  <b>2:00 Art Share with Diana: Indigenous Australian Dot Art &amp; Discussion</b></p>
<p><b>6 Read a Book Day</b>  <b>3:00 Let's Talk about Labor Day</b> (materials are in your packet)</p>	<p><b>7 Happy 160th Birthday Grandma Moses, American Painter</b>            CLOSED FOR LABOR DAY            Grandma Moses didn't start painting until she was in her 70's. It's never to late to create!</p>	<p><b>8 <u>KC On-Screen Video #20</u></b>            YouTube link will be provided via email at 11:00            (materials are in your packet)</p>	<p><b>9</b>  <b>11:00 Seated Stretch with Louise</b>  <b>2:00 Armchair Travel &amp; Trivia</b></p>	<p><b>10</b>  <b>11:00 Yiddish Learning with Susan</b>  <b>2:00 Live Music with Martha &amp; Dennis Doyle</b></p>	<p><b>11</b>  <b>11:00 Arts for the Aging: Poetry &amp; Discovery with Lauren</b>  <b>2:00 Sing Along with Sharon &amp; Gail</b></p>

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<p>13 Happy 169th Birthday Walter Reed, bacteriologist  <b>3:00 BINGO with Gail &amp; Susan</b>                      (Bingo card is in your Sept. packet)  <b>Happy Grandparents Day!</b></p> 	<p>14  <b>11:00 Trivia &amp; Word Fun</b>                      (materials are in your packet)  <b>2:00 French Club</b>                      C'est L'automne!                      (complete your fall watercolor in advance)</p>	<p>15  <b>11:00 Everything Baseball with Ellis and Howard</b>                      (materials are in your packet)  <b>2:00 Art Therapy with Annie</b></p>	<p>16  <b>11:00 Healthy Mind and Body with Lily and Karen-</b>  <i>Bring a healthy snack!</i>  <b>2:00 Seated Yoga with Regine</b></p>	<p>17 International Country Music Day!  <b>6:00 Washington Caps Spotlight with Brian: Happy Birthday Alex Ovechkin!</b> (materials are in your packet)</p>	<p>18  <b>11:00 Get Together and Sing Along with Diane</b>                        No 2:00 group today due to Erev of Rosh Hashanah</p>
<p>20 L'shanah tovah!                        No Sunday Social Due to Rosh Hashanah Sept 18-20</p>	<p>21 Brazil Independence Day  <b>11:00 Sip &amp; Schmooze with Susan &amp; Louise: Let's Talk about Fall Traditions</b>  <i>Bring a healthy beverage!</i>    <b>2:00 Famous September Birthdays &amp; Word Fun</b></p>	<p>22  <b>KC On-Screen Video #21</b>                      YouTube link will be provided via email at 11:00 (materials are in your packet)    <b>6:00 p.m. Caregiver Coping:</b>                      Guest Speaker: Officer Laurie Reyes, MCPD Alzheimer's Outreach Program Special Operations Division, Use KC Zoom</p>	<p>23 FIRST DAY OF FALL    <b>11:00 Sittercise with Louise</b>    <b>2:00 Farewell to Summer Intergeneational Concert</b></p>	<p>24  <b>11:00 Who Knew? Famous People of Maryland: Connie Chung &amp; Judith Resnick w/Louise &amp; Diana</b>                      (materials are in your packet)</p>	<p>25 HAPPY BIRTHDAY POLLY(9/25) AND DON G. ( 9/26)    <b>11:00 Celebrate Johnny Appleseed</b>  <i>(Bring your packet paper &amp; favorite apple to snack on during the Zoom)*</i>    <b>2:00 Explore the Rich History of Rosh Hashanah and Yom Kippur with Susan &amp; Gail</b></p>
<p>27 NATIVE AMERICAN DAY                        No Sunday Social Due to Yom Kippur Sept 27-28</p>	<p>28 CONFUCIUS BIRTHDAY                      CLOSED FOR YOM KIPPUR</p>	<p>29  <b>11:00 Join Arts for the Aging: The Poetry of Tango with Peter and Alex</b></p>	<p>30  <b>11:00 Word Games</b>  <b>2:00 Sit &amp; Stretch</b></p>	<p><i>Oh, the Lord is good to me,                      And so I thank the Lord,                      For giving me the things I need;                      The sun and the rain and the apple seed. The Lord is good to me,                      --Johnny Appleseed!</i></p>	<p><b>Happy October!</b></p>